



**Available Daily:**

Assorted Hoagies, Assorted Wraps, Assorted Salads, Chicken Patty Sandwich  
Assorted fresh fruits and vegetables available daily



**Lunch Price: \$3.50 Paid, \$.40 Reduced**

**Fitness Tip:** Try to be active for 60 minutes or more every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.

This institution is an equal opportunity provider

### Monday

Meatball Sandwich **3**  
Green Beans  
Apple Sauce  
Milk Choice

Oven Roasted Chicken with Dinner Roll **10**  
Potato Wedges  
Peaches  
Milk Choice

OFF **17**

Calzone **24**  
Peas  
Mixed Fruit  
Milk Choice

### Tuesday

Egg McMuffin Sandwich with Sausage **4**  
Hash Brown  
Peaches  
Milk Choice

Grilled Cheese **11**  
Tomato Soup  
Mixed Fruit  
Milk Choice

Stuffed Shells with Sauce and Dinner Roll **18**  
Green Beans  
Peaches  
Milk Choice

Cheesesteak **25**  
Peppers and Onions  
French Fries  
Apple Sauce  
Milk Choice

### Wednesday

Italian Sampler with Sauce (Mozzarella Sticks & Breaded Ravioli) **5**  
Carrots  
Mixed Fruit  
Milk Choice

Cheesy Breadsticks with Marinara Sauce **12**  
Green Beans  
Blueberries  
Milk Choice

Cavatappi with 3 Cheese Sauce **19**  
Carrots  
Strawberries  
Milk Choice

Quesadilla Pizza **26**  
Peas  
Peaches  
Milk Choice

### Thursday

Chicken Fajitas **6**  
Onions and Peppers  
Black Beans and Rice  
Strawberries  
Milk Choice

Hot Ham and Cheese on a Pretzel Bun **13**  
Baked Beans  
Apple Sauce  
Milk Choice

Roast Turkey with Gravy and Dinner Roll **20**  
Sweet Potato Fries  
Pears  
Milk Choice

Tacos **27**  
Black Beans and Rice  
Pears  
Milk Choice

### Friday

Assorted Pizza **7**  
Romaine Salad  
Pears  
Milk Choice

Assorted Pizza **14**  
Spinach  
Pears  
Milk Choice

Assorted Pizza **21**  
Broccoli  
Apple Sauce  
Milk Choice

Assorted Pizza **28**  
Romaine Salad  
Blueberries  
Milk Choice

One less thing to remember: PAYSCHOOLS CENTRAL can be set to automatically refill students accounts when they run low:

[www.payschoolscentral.com](http://www.payschoolscentral.com)

